



CCNM

California College
of Natural Medicine

The Leader in Natural Medicine



*2010 - 2011
School Catalog*

California College of Natural Medicine

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Contact Information

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info@traditionalnaturopathy.com

www.cconm.com

California State Authorizations

Approved Programs

The California College of Natural Medicine operates under an “approval to operate” by the State of California Bureau for Private Post-secondary Education. CCNM is a 501(c)3 corporation. “Approval” or “approval to operate” means that the council has determined and certified that an institution meets minimum standards established by the council for integrity, financial stability, and educational quality, including the offering of bona fide instruction by qualified faculty and the appropriate assessment of students’ achievement prior to, during and at the end of its program.

State Laws

You are responsible for knowing and complying with the state laws where you reside regarding your ability to help others in the professions that are offered in this catalog.

If you reside in California, you must follow ALL of the rules and regulations of SB577, which you can find on our website.

Graduation from any of our programs does not qualify you as a licensed medical doctor or naturopathic doctor or physician. You cannot diagnose, prescribe, treat symptoms, pursuant to California Business and Professional Code 2052. You can do health counseling or therapies as a health practitioner or therapist according to Senate Bill 577. Please call us should you have questions.

Accreditation

The California College of Natural Medicine is accredited by the American Naturopathic Medical Accreditation Board, Las Vegas, Nevada (www.anmab.org), and the American Association of Drugless Practitioners.

School Location

CCNM conducts its educational activities as a 501(c)3 non-profit educational organization. Our main office is located at:
107 Figueroa
Ventura, CA 93001

Our mailing address is
1237 S. Victoria Ave., #169
Oxnard, CA 93036

Our website address is www.cconm.com

Admission Standards and Graduation Requirements

CCNM offers online and residential classes. Even though part of the training may be distance online education, dedicated attendance is required in order to reach objectives, just as if a student were participating in the class in real-time.

General Admission Requirements:

1. Every student must have a high school diploma or a GED.
2. Students must have an eagerness to learn and be disciplined to do self-study.

Prerequisites

Some programs may require equipment, and Internet provider, computer and software to access the CCNM website.

The following trainings have prerequisites.

- **Holistic Health Practitioner (NeuroPhysical Reprogramming):** Applicants must have certification in a health related field; as a health professional with a degree and 3 years work experience.
- **Naturopathic Practitioner:** Applicants must have certification in a health related field.
- **Advanced Holistic Health Practitioner:** Holistic Health Practitioner Training
- **Homeopathic Endocrinology:** To pre-qualify for this training you must be a state or nationally certified or licensed health professional.
- **Biological Dental Consultant:** Applicants must be a health provider or a licensed Dental Professional.
- **NeuroEndocrine Regulation & Anti-Aging Certification Seminar:** Applicant must be a health provider or a licensed health professional.

Registration Information

Fill out the enrollment form online and mail the hardcopy to our mailing address along with tuition payment information. Please read the tuition area in this catalog for more information specific to each training. There will be **no** refunds after a password is issued for each module.

Graduation

Graduation from this training does not include the right to diagnose or treat any condition. In California, you must abide by the rules of SB 577, which can be located at www.cconm.com.

Graduation will take place at the end of a course where each student that has satisfied the requirements and received a passing grade of 70% will be presented with a Diploma/Certificate of Completion. Students will receive a pass or fail grade.

Attendance, Drop-Out and Leave of Absence Policies

Attendance is mandatory in residential class in order to graduate. If the student is absent for part of a session, they will be given an incomplete and will be able to take the class again when it is offered or purchase the audio of the missed class and take the test for that class. Then they may go on to the next class, in sequence.

Progress and Performance Policy

Written exams after each module will assess student progress. If a student fails a class, they must take the class over.

Grading Policy

Student's performance will be evaluated on the following criteria:

- Proficiency in the procedures and exercises.
- The student's confidence in his or her ability to follow procedures or exercises.
- Student's ability to achieve reproducible results in testing methods.
- The demonstrated ability to accurately assess any client.
- Student will receive a pass/fail grade. A passing grade is 70%.

Readmission

Students who have not turned in homework assignments to the college for more than one year must apply for readmission by sending in another registration fee and may be required to submit a new application with supporting documentation. Applicants must meet the admission requirements in effect at the time of readmission, follow the new curriculum, and pay the tuition according to the most current standards. Students seeking readmission should write an application letter for readmission.

Policies and Procedures

Equipment and Facilities

If equipment is necessary for a training it is specified under Tuition in this catalog.

Housing, transportation, books, necessary supplies, materials, shop fees, or other fees the student will incur upon enrollment are not included in the cost of training unless specifically specified in this catalog.

We do not offer dormitory facilities and are not responsible for securing your housing, however, we will recommend housing reasonably near our facilities. You are responsible for calling for pricing and availability and securing your room and board.

Note:

Authority cited: Sections 94803, 94877, and 94885, Education Code. Reference: Sections 94885 and 94909, Education Code.

Textbooks and Reading List

All of our trainings have reading lists, which are found under each course description at www.cconm.com or www.traditional-naturopathy.com.

Books and reading materials are not included in the tuition unless specified under Tuition.

All textbooks may be purchased from outside sources of student's choice.

Transportation, Room & Board

Not included.

Payment Schedule

Students are required to pay for the full program at the time of registration, unless financing has been arranged.

Registration Fees

Registration fees are charged for the purpose of establishing and maintaining a student file. Registration fees must accompany the Application for Admissions. Applications received without the required fee will not be processed. A separate registration fee is required for each program. Registration Fees are Non-Refundable. Students who have completed one program and are applying to an additional program will be charged an additional registration fee.

Late Registration Fee

A late application fee of \$50.00 applies when a student's application materials, including official transcripts and letters of recommendation, are not received 30 days before residential classes start.

Note:

The California College of Natural Medicine reserves the right to make any changes in tuition, refund policies, fees, and expenses without notice, within statutory guidelines.

Financial Aid

Financial aid may be arranged for trainings according to credit history. A \$45.00 non-refundable credit report fee is mandatory. We also accept MasterCard and Visa payments, unless you choose a finance program.

Except for those fees specified above, there are no other fees for equipment, housing, transportation, books, necessary supplies, materials, shop fees, or other fees the student will incur upon enrollment from The California College of Natural Medicine.

Student Disclosures

For Continuing Education Trainings, any written contract or agreement signed by a prospective student shall not become operative until the student attends the first class or session of instruction, or received their password and ID for their class..

Employer Assistance with Tuition

Many employers underwrite programs to assist employees with their education expenses. CCNM encourages students to seek educational assistance from their employer. The College will gladly prepare any reports or other information necessary to meet the requirements of such programs.

Award of Credit for prior experiential learning.

We do not award credit for prior learning unless you are a licensed health provider; you would fax in your license and degree and we would assess the amount of credit you are to be given toward a training.

Scholarships

NO scholarships funds are available.

Cancellation Period

The cancellation period is considered up to and including the first day of the residential classes. The cancellation period for the online classes is up to the creation and advice of a password for each course. All requests for cancellations must be submitted in writing to the Chief Academic Officer, Theresa Dale at CCNM's mailing address.

General School Information

Refund Policy

Refund During Cancellation Period: The school shall refund 100% of the amount paid less a reasonable deposit or application fee not to exceed \$100.00, if notice is made before or on the first day of residential instruction. **For online only classes, once a password has been issued, the class and/or lesson is accepted and NO refund will apply.**

Distance and Online Education Programs

Upon acceptance into the training, you will be issued a password and student identification number by email so you may access the class. There will be no refunds on any session after a password is issued for any online class. California College of Natural Medicine's web site is located at www.cconm.com.

The student shall have the right to cancel the agreement and receive a full refund pursuant to section 71750 before the first lesson and materials are received. Cancellation is effective on the date written notice of cancellation is sent. The institution shall make the refund pursuant to section 71750. If the institution sent the first lesson and materials before an effective cancellation notice was received, the institution shall make a refund within 45 days after the student's return of the materials.

An institution shall transmit all of the lessons and other materials to the student if the student: (A) has fully paid for the educational program; and (B) after having received the first lesson and initial materials, requests in writing that all of the material be sent.

If an institution transmits the balance of the material as the student requests, the institution shall remain obligated to provide the other educational services it agreed to provide, such as responses to student inquiries, student and faculty interaction, and evaluation and comment on lessons submitted by the student, but shall not be obligated to pay any refund after all of the lessons and material are transmitted.

The enrollment agreement shall disclose the institution's and student's rights and duties under this section.

NOTE: Authority cited: Sections 94803, 94877, and 94885, Education Code. Reference: Sections 94885, Education Code.

Refund After Cancellation Period: If a student withdraws from a course after the cancellation period, the student is entitled to only a partial refund. The refund policy is pro rata to the 60 percent point of the course. The formula is as follows:

Total Amount Actually Paid for Lessons taken
minus the Registration Fee of \$100.00 = Adjusted Amount

(Includes all fees and instruction, but no equipment)

Adjusted Amount X Lessons not received but for which the student has paid = Final Refund Amount

All refunds will be paid within 30 days of cancellation or withdrawal.

Cancellation Refund Example:

A student enrolls in the Naturopathic Practitioner Program and pays total tuition including a \$100 registration fee. The student cancels on the first day of class. The student's refund would be total tuition minus the \$100.00 registration fee. The \$100.00 registration fee is non-refundable.

Withdrawal Refund Example:

A student enrolls in any program and pays the full tuition, including a \$100 non refundable registration fee.. The student withdraws after completing 75 percent of the course. The student would not receive a refund, because he or she has completed over 60 percent of the program. On the other hand, if the student has paid total tuition (including the \$100.00 registration fee) completes 50% of the training and wants to withdraw from the training – they would receive a refund for the lessons that they did not take or receive a password for. All cancellations and requests for refunds must be submitted to the school office in writing.

Student Tuition Recovery Fund

The Students Tuition Recovery Fund ("STRF") was established by the Legislature to protect any California resident who attends a private postsecondary institution from losing money if they prepaid tuition and suffer a financial loss as a result of the school closing, failing to live up to its enrollment agreement, or refusing to pay a court judgment.

To be eligible for STRF, you must be a California resident and reside in California at the time the enrollment agreement is signed or when you receive lessons at a California mailing address from an approved institution offering correspondence instruction. Students who are temporarily residing in California for the sole purpose of pursuing an education, specifically those who hold student visas, are not considered California residents for this purpose.

To qualify for STRF reimbursement you must file a STRF application within one year of receiving notice from the Bureau that the school is closed. If you do not receive notice from the Bureau, you have four years from the date of closure to file a STRF application. If a judgment is obtained you must file a STRF application within two years of the final judgment. It is important that you keep copies of the enrollment agreement, financial aid papers, receipts or any other information that documents the moneys paid to the school. Questions regarding the STRF may

General School Information

be directed to the principal office of the Bureau which is located at 1625 North Market Blvd., Suite S-202, Sacramento, California, 95834; and the mailing address is P.O. Box 980818, West Sacramento, CA 95798-0818.

Student Complaints

Theresa Dale, Chief Academic Officer, and Chief Executive Officer will be responsible for resolving any student complaint. You may email Theresa Dale at t4joy@earthlink.net. Otherwise, students who have questions or problems concerning this school should contact the Bureau for Private Postsecondary Education, P.O. Box 980818, West Sacramento, CA 95798-0818.

Notice of Nondiscriminatory Policy as to Students

The California College of Natural medicine admits students of any race, color, national and ethnic origin to all the rights, privileges, programs and activities generally accorded or made available to students at the school. It does not discriminate on the basis of race, color, national or ethnic origin in administration of its educational policies, admissions policies, scholarship and loan programs, and athletic and other school-administered programs.

Job Assistance Program

The California College of Natural Medicine does not promise students employment in this field. However, the institution does intend to promote the services offered by all graduates by offering referrals to inquiries.

Student Conduct

A student who does not behave in a professional manner in class will be suspended. If the student does not correct the situation, he or she will be dismissed.

Student Services

CCNM offers academic counseling at no charge, provided through email or a phone appointment with our Chief Academic Officer.

Rules of Operation

The institution will remain in operation as long as the citizens of the State of California and of the United States demonstrate a need and growing desire to pursue self-development. Students from all communities will be served without as to color, race, or creed. Any student who wants to serve their community will have an opportunity to do so by by graduating from a vocational training, which earned them a specific vocational title.

The institution will maintain records for at least five years. The institution does not provide English as a second language instruction nor does it provide visa services. The institution does not provide any program in any language other than English.
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All students are required to have an English language proficiency and if the student is from another country we need a document of proficiency such as the Test of English as a Foreign Language (TOEFL) in order to be accepted.

Contact Information

Phone: 800 421 5027 or
805 641 0006

Fax: (928) 496-2050

Information and registration: info@traditionalnaturopathy.com
www.cconm.com

Faculty

One of our strengths is our faculty!

ALL instructors, whether they have written online classes or are teaching residential classes are also exciting presenters bringing a wealth of information and knowledge from their private practice to the classroom.

Theresa Dale, PhD, CCN, NP

Since Europe is well known as the leader in alternative medicine, Theresa Dale chose to fulfill her Naturopathic Studies in the U.S.A. and Europe. The residential training awarded her a Naturopathic Doctor degree (1988) at Clayton University, St. Louis, MO, which closed in 1989. Clayton University's prestigious Board of Directors included pioneers and experts such as Linus Pauling, and many other noted authorities. Dr. Dale has also earned the title as a Certified Clinical Nutritionist from the International Association of Applied Clinical Nutritionists. Dr. Dale practices as a Traditional Naturopath and Certified Clinical Nutritionist in California and Kentucky.

In 1994, Dr. Dale founded the International College of Naturopathy, now known as the California College of Natural Medicine. She is the inventor, researcher and instructor of NeuroPhysical Reprogramming and the Holistic Health Practitioner Training, The Advanced Holistic Health Practitioner Training and the Homeopathic Endocrinology Training. In addition, Dr. Dale invented and formulated a naturopathic and homeopathic approach to re-educating the body to make its own hormones for the professional and retail market. This method includes homeopathic hormone rejuvenation transdermal creams and oral formulas as well. She has also developed a new saliva test based on Five Element Chinese Medicine.

Dr. Dale has authored two books and a third was released in 2005 on Homeopathic Hormone Rejuvenation: *Revitalize Your Hormones*

Dr. Dale has authored two books; Transform Your Emotional DNA and her latest ~ Revitalize Your Hormones.

Geoffrey Pfeiffer, PhD, ND

Dr. Pfeiffer has written the comprehensive homeopathic online class for CCNM. Dr. Pfeiffer has earned a B.A. in Philosophy from Loyola Marymount University in addition to the following studies, degrees and certificates. He is one of the most knowledgeable health practitioners in the field today.

- PhD Psychology, Neuropsychology
- ND Naturopathy
- Five Year Chinese Medicine Training program, Taoist Institute
- Five Year European Biological Medicine Training program, Institute for Functional Medicine. Vegatest Teacher Training, Enderlein Microscopy, Classical Homeopathy, Clinical Homeopathy, Lithotherapy, Isopathic Homeopathy, Phytotherapy, Gemmotherapy.
- Computerized Regulation Thermography Training, Institute for Medical Thermography

Jan Head, PhD

Jan Head has been practicing Reflexology for over 22 years. She trained in Australia under the personal tutelage of Dwight Byers, the "godfather" of American Reflexology. Her experience in reflexology techniques, range from Ayurvedic to Metamorphosis, along with studying Auriculotherapy with Dr. Li-Chun Huang. She is certified with the American Reflexology Certification Board (A.R.C.B.), as well as having been a past board member of the American Commission for Accreditation of Reflexology Education and Training (A.C.A.R.E.T.)

In 1984 Jan received her postgraduate Degree in Clinical Nutrition in Sydney, Australia and in 1995 completed a training program with the National Nutritional Foods Association, conducted by Bastyr College in Seattle. In 1997 she received her Doctorate from Curentur University in Los Angeles. In 1998 she trained with Dr. Richard Versendaal to learn the complex system of Contact Reflex Analysis. She is a graduate of the British Institute of Homeopathy (1996), where she holds a fellowship.

Faculty

John A Haché, DNM

Dr. Haché received his Doctorate from the Examining Board of Natural Medicine Practitioners as well as his Board Certification as a Biofeedback Instructor from the Neurotherapy and Biofeedback Certification Board (NBCB).

He is also certified by the License Commission of the Americas. He has been in practice for more than 25 years, has trained many hundreds of people in the use of the SCENAR devices in Europe, Canada and in the United States. He is acknowledged by the Russians as one of the world's best trainers in SCENAR technology.

Phil Caylor, LcAc

Phil Caylor is the founder of The Healing House and has been a holistic healer for over 37 years. Phil is a graduate of the Five Branches Institute of Traditional Chinese Medicine and is a licensed acupuncturist and herbalist through the medical board of the state of California. Phil is also certified in the areas of Massage and Medical Qi Gong.

Phil has studied in India, Asia, Israel and Europe. He has experience in organic farming and teaches our Medical Qi Gong program.

Phil is the owner of Foundational Healing and has been part of the Santa Cruz community for over 36 years.

Eric DeYoung

Eric M. DeYoung, OTR/L, CES, ICFE, CDA, FABDA, HHP, NPRS, ND is experienced as a board registered and licensed Occupational Therapist in Kentucky and Indiana, doctoral training as a Traditional Naturopath practicing Homeopathy and Traditional Chinese Medicine, a certified Holistic Health Practitioner and a Neuro Physical Reprogramming Specialist through the California College of Natural Medicine. Additional training includes certification and competency in manual medicine such as Myofascial release/mobilization, Cranial sacral therapy, Reiki, Acupressure, Meridian therapy, Body reading, and Neuro-Muscular Therapy.

Practicing as an Occupational Therapist, Eric is also certified as an Ergonomics Specialist, Disability Analyst, International Certified Functional Evaluator and Fellow of the American Board of Disability Analysts. He has taught adjunctively graduate and doctoral level students Introduction of Occupational Therapy, Applied Kinesiology, Gross Anatomy, Ergonomics and Industrial Rehabilitation at the Spalding University Aurbach School of Occupational Therapy, Jefferson Community College (Junior College of the University of Kentucky) and Indiana University.

In 2003, Eric opened Occupational Kinetics at the Center for Alternative Medicines in Louisville, KY as a fully integrated complimentary and alternative medicine center incorporating allopathic as well as naturopathic healing principles for patients interested in natural non-prescriptive medicine modalities. The center features Naturopathy, Homeopathy, Traditional Chinese Medicine, Physical Medicine & Rehabilitation, Occupational Therapy, Physical Therapy, Massage Therapy, Exercise Physiology, Pediatrics, Holistic Dentistry and offers a variety of homeopathic remedies invented by Dr. Theresa Dale as well as nutritional supplementation and natural skin care products.

Eric's treatment philosophy is rooted in the field of Functional Medicine which believes that the core clinical imbalances that underlie various disease conditions arise as environmental inputs such as diet, nutrients (including air and water), exercise, and trauma processed by one's body, mind and spirit through a unique set of genetic predispositions, attitudes and beliefs.

Course Descriptions

Vocational Certificate Programs

Course Title: **Practitioner Prerequisite**

Approved Vocational Training
Online: 140 hours
Completion Time: 6 months
Entry Level

Upon completion, the student will be eligible to enroll in a CCNM practitioner training program.

Description

This course is designed for students who have met the prerequisite for our vocational certification trainings. It is an online course that will take approximately 140 hours to complete.

Outline:

Part 1: Anatomy and Physiology (70 hours)

Systems covered--

Cardiovascular

Digestive

Skeletal

Endocrine

Immune

Integumentary

Muscular

Nervous

Lymphatic

Male Reproductive

Female Reproductive

Urinary

System Overview

Part 2: Biochemistry (70 hours)

Citric Acid Cycle

Hyperbaric Oxygen

Immune System

Immunology

Psychoneuro Immunology

Instructor: Theresa Dale, PhD, CCN, NP

Course Title: **Master Herbalist (M.H.)**

Online: 1000 hours
Completion Time: 12 months
Entry Level

One of the most prevalent approaches to healing involves the use of “natural medicines” derived from herbs. This program is designed to introduce the student to the theory and use of herbs as a healing modality. It includes an introduction to botany, herb preparation and study of Western, Chinese and Asian, and Ayurvedic herbs.

Healing embraces a clinical strategy based on the principle that Life, Nature, and the Great Spirit from which they arise are fully present in all the tissues of the body, the psyche, the spiritual heart, and the soul.

Master Herbalists employ clinical strategies and methods, which support life force through encouragement of nourishment, digestion, rest, and appropriate activity, identification of purpose, connection with nature, and identification and removal of obstacles to cure on all levels. A Master Herbalist avoids using methods, which suppress or distort life processes and disease, while incorporating all empirical observation, instinct and intuition.

After completion, the graduate will receive a Diploma/Certificate of Completion. They may then start or continue their vocation as a “Master Herbalist”. It authorizes the graduate to assist in the herbal education, detoxification, healing, and empowerment of others according to California SB 577.

Evaluations and testing will occur after the completion of each module. Upon request by email, tests will be emailed or faxed to the student. A passing grade is 70% or above.

Module 1: 500 Hours

Anatomy and Physiology

BioChemistry

Naturopathic Toxicology

Detoxification Pathogens and Pathways

Drug / Herb Interactions

Overview of Chemical Constituents of Plants

Course Descriptions

Vocational Certificate Programs

Module 2: 500 Hours

Introduction to Western Plant Medicine
Introduction to Chinese Plant Medicine
Introduction to Ayurvedic Plant Medicine
Practical Botany for Making Plant Medicines

Course Title: **Homeopathic Medical Practitioner (HMP)**

Distance Training (online and web seminars)
Hours: 1200
Completion time: (24 months)
Entry Level

Description

This training includes all levels of Homeopathic education. In addition, essential basics that are necessary in creating a deeper understanding and more effective application of Homeopathic remedies are also included.

Each distance education homeopathy module has associated assignments. This continuous assessment of student work ensures a high degree of proficiency.

After completion, the graduate will receive a Diploma/Certificate of Completion. They may then start or continue their vocation as a “Homeopathic Medical Practitioner”. It authorizes the graduate to assist in the homeopathic education, detoxification, healing, and empowerment of others according to California SB 577.

Graduation from this training does not include the right to diagnose or treat any condition. In California, you must abide by the rules of SB 577, which can be located at www.cconm.com.

A required reading list for this training may be found online at www.cconm.com. CCNM does not sell books, however, we do provide sources for purchasing all reading materials.

There will be **no** refunds after a password is issued for each module.

Evaluations and testing will occur after the completion of each module. Upon request by email, tests will be emailed or faxed to the student. A passing grade is 70% or above.

Module 1: Foundation

300 hours
Anatomy and Physiology
Biochemistry
Detoxification
Toxicology

Course Descriptions

Vocational Certificate Programs

Chinese Five Element Theory: a key to help identify the core energy pattern that anchors a disease blocking Qi, which affects all organs, glands, neurotransmitters, hormones and thus meridians. The Five Element Theory is essential in tracking disease patterns, symptoms and unbalanced Qi. This ancient theory will help determine proper treatment protocol and assist in the healing of affected organ, gland and meridian.

Principles of Homeopathy

- The History of Homeopathy: The history of homeopathy, a complete understanding of homeopathic ingredients and potencies are essential to become competent in determining the correct homeopathic therapy.
- Introduction to Homeopathic terminology
- Brief review of federal regulations of Homeopathic Remedies
- Introduction to Homeopathic First Aid

The 3 Main Categories of Homeopathic Practice

1. Classical Homeopathy
2. Clinical Homeopathy
3. Complex Homeopathy

Module 2

300 hours

Homeopathic First Aid in Acute Situations

- Injuries, accidents, pre & post surgical remedies
- Acute, Eye, Ear, nose, throat & respiratory tract situations
- Acute gastrointestinal situations
- Acute musculoskeletal situations
- Acute emotional and nervous system situations
- Acute veterinary first aid for pets

Homeopathic Materia Medica

- Homeopathic Kingdoms
- Evaluating Repertorisation, Taking the Case, Case Management
- Types of Homeopathic Remedies including
 - Imponderables, Drainage Remedies, Flower Essences

Homeopathy for Chronic or Long-Term health issues

- Miasms
- Diathesis
- Terrain
- Reactional Typology

Module 3: Intermediate Level

300 hours

Isopathic Homeopathy

- Nosodes
- Enderlein Isopathics
- Organotherapy with Sarcodes
- Tautopathics
- Allergens
- Materia Medica study
- How to Prescribe and Use Eclectic Isopathic Homeopathy in your Practice.

An Outline on Nosodes

Learn about the efficacy of using and recommending homeopathic nosodes and how they work to neutralize genetic disease traits and miasms. In addition, you will also learn an overview of homeopathic nosodes, what they are, when to use them and how they target a disease or pathology and neutralize it.

- Miasmatic Remedies as the original nosodes
- Isodes or Autologous preparations

Homeotherapeutics

Leading remedies for -

- emotional balance and mental enhancement
- child development
- environmental sensitivities (including substance problems)
- cardiovascular health
- respiratory tract health
- the nervous system and the organs of special sense
- gastrointestinal health
- urogenital system and women's health
- musculoskeletal health and for the skin
- Materia Medica study

Homeopathic Pharmacy

- Hormesis and Modern Research in Homeopathy and Medicinal Microdoses

Course Descriptions

Vocational Certificate Programs

Module 4: Advanced Level

300 hours

The Classical Way

- Materia Medica
- Organon
- Repertory

Homotoxicology

Esoteric Homeopathy

- Alchemy, Spagyrics, and Anthroposophical Homeopathy
- Alchemically prepared Homeopathics and Mother Tinctures
- Herbalists and Alchemists
- Anthroposophical Homeopathy: The relationship of the 4 parts of the human with the environment of the Natural world: plant, mineral, animal kingdom
- Anthroposophical Pharmacies

Course Title: **Clinical Nutritionist (C.N.)**

Format: Online and Residential

Hours: 1273

Completion Time: 24 months

Entry Level

Description

This training will provide a student with clinical nutrition, nutraceutical and dietary education and training.

Overview... Health Challenges Of The 21st Century.

More research is coming to light about the earliest stages of disease (such as homocysteine metabolism, prostaglandin imbalance, and systems that have become toxic) that precede any symptoms. Conventional medicine has no approach or answers to these prevalent issues..

- A) Increased prevalence of new diseases... Alzheimer's, Diabetes, Autism, ADHD, candida, antibiotic resistant bacteria, obesity, and depression.
- B) The primary role of Vitamins and Minerals; how they act as the co-enzyme fraction of the apo-enzyme protein complex and their role in DNA and gene expression. Getting nutrients from food vs. supplements.
- C) The median age of our population is increasing. Aging baby boomers are more appreciative of maintaining their health because it is both empowering and protective. They also don't want to give their life savings to a hospital.
- D) Environmental factors that are relatively new to this century are making it difficult for our bodies to naturally adapt to. As a result, we need to augment our diet with supplements as a strategy to compensate and protect ourselves. These environmental factors below are an existing concern to our health.
 - Xenobiotic compounds, such as petro-chemicals that appeared during the industrial revolution. They will pass through the Brain Blood Barrier because the BBB is designed to only protect the brain from water-soluble toxins. Fat-soluble toxins are a recent occurrence in our environment. Our bodies haven't had enough generations to adapt to this new threat naturally.

Course Descriptions

Vocational Certificate Programs

- Antibiotics in our food chain is another example of substances that severely affects our immune system and gut flora.
- Lack of being breast-fed at infancy cause us to miss out on important immunoglobins resulting in allergies and immune deficits.
- Stress, a major cause of all disease, burdens the immune system and causes health concerns related to cortisol levels.
- Processed foods, do not contain enough fiber and therefore are low in nutritional value.
- Genetically engineered foods cause numerous health concerns.
- Genetic predispositions that are idiosyncratic to one's family history. Supplement programs can be customized to suit unique needs.
- Heavy Metals cause numerous health and neurological issues.
- Pesticides and fluoridated water affect our nervous systems.
- Sugar and soft drinks... flush out minerals causing many other problems.
- Air pollution is a known toxin and needs to be address through the proper detoxification and nutritional care.

- E) Conventional medicine's approach is sick care; supplements are about prevention, wellness and "health care".
- Conventional Medicine is bankrupting the country.

After completion, the graduate will receive a Diploma/Certificate of Completion. They may then start or continue their vocation as a "Clinical Nutritionist". It authorizes the graduate to assist in the nutritional, nutraceutical and dietary education, detoxification, healing, and empowerment of others according to California SB 577.

Graduation from this training does not include the right to diagnose or treat any condition. In California, you must abide by the rules of SB 577, which can be located at www.cconm.com.

A required reading list for this training may be found online at www.cconm.com. CCNM does not sell books, however, we do provide sources for purchasing all reading materials.

There will be **no** refunds after a password is issued for each module.

Evaluations and testing will occur after the completion of each module. Upon request by email, tests will be emailed or faxed to the student. A passing grade is 70% or above.

Introduction to Nutrition I

Module 1: 400 hours

Distance Education: Online

- Anatomy & Physiology
- Biochemistry and Endocrinology
- Human Biology
- Microbiology
- Toxicology
- Detoxification Pathways & Pathogens

Module 2: 375 hours

Distance Education: Online

This module will cover the aging process and include the following:

- Nutrition and Disease
 - o Periodontal and Dental relationship to nutrition
- Nutrition Counseling Strategies
- Nutrition and Aging: Through a number of modern studies and statistics you will explore the biological aging process of the body in detail.
 - o Chronic inflammation
 - o C Reactive Protein
 - o Cox 1 and 2. (Cyclooxygenase)
 - o Glycation
 - o Methylation Deficit.
 - o Mitochondrial Energy Depletion
 - o Cardiovascular pathology
 - o Neurological disease
 - o Hormone Imbalance
 - o Excess Calcification
 - o Fatty Acid Imbalance
 - o DNA Mutation
 - o Immune Dysfunction
 - o Non-Digestive Enzyme Imbalance
 - o Digestive Enzyme Deficit: Enzymes... What they are and what they do
 - o Excitotoxicity
 - o Circulatory Deficit
 - o Oxidative Stress
 - o Homocysteine Metabolism
 - o Prostaglandins and Pathology
 - o Brain/Cognitive Health & Depression

Course Descriptions

Vocational Certificate Programs

Therapeutic Nutrition II

Module 3: 300 hours

- Nutrition & Supplementation: Learn the function of each vitamin, amino acid and mineral within the body, as well as, doses and symptoms of deficiency. This includes understanding effects of free radical exposure and antioxidant usage.
 - o Vitamins...
 - o Fat soluble vs. Water soluble
 - o Anti-oxidants
 - o CO-Q 10 and more
 - o Minerals
 - o Trace Minerals
 - o Amino Acids...
 - o Free form vs. peptides, large neutral vs. small neutral
 - o GH releasing, which ones should vegetarians take?
 - o Essential Fatty Acids
 - o Probiotics & Prebiotics
 - o Flavonols & Flavonoids
 - o Digestive Enzymes
 - o Detoxification including Heavy Metals
 - o Miscellaneous Nutrients
- Cooked vs Raw Foods: Dietary Evaluations
- Specific dietary need categories
 - o Sports Nutrition and Energy
 - o Digestive Support
 - o Weight Loss
 - o Joint Repair/Inflammation
 - o Allergies
 - o Men's Health
 - o Women's Health
 - o Stress
 - o Antioxidant Support
 - o Skin Support
 - o Brain Health (Neuroceuticals) & Depression
 - o Heart Health
 - o Cold and Flu/Immune Support

Nutritional Healing Chart
Glycemic Index

Module 4: 48 hours

Web Seminar

- Nutrition Assessment: Using blood chemistry reports to assess nutritional needs and a written Nutritional Assessment Questionnaire.

Module 5: 150 hours

Online

Herbology

Course Descriptions

Vocational Certificate Programs

Course Title: **Nutraceutical Consultant (N.C.)**

Approved Vocational Training
Online: 48 hours
Completion Time: 5 months
Entry level

Nutraceuticals: Through a number of modern studies you will explore the biological aging process of the body in detail, as well as ways to prevent it.

Professional Nutritional Assessment Test: You will learn to utilize this tool to determine the nutritional needs of your clients. Required reading list is available online.

Instructor: Theresa Dale, PhD, CCN, NP

Upon completion, the student will be able to work as a “Nutraceutical Consultant”.

Goals

- To learn the basics of sound nutrition and maintaining good health.
- To educate yourself and others in the area of proper nutritional needs.

Description

A thorough understanding of the body’s functional mechanisms will lead to a greater comprehension of the material presented to you. The following curriculum will cover the essential basics about good nutrition and how our emotions and sense of harmony can help heal us.

Five Element Theory: Each element is correlated with an emotion, an organ, and a season to establish a balance of our surroundings and a harmony within us. Explore the intricacies of Chinese Five Element Theory – from its inception 5000 years ago to its role in modern-day acupuncture techniques.

Vitamins and Antioxidants: Learn the function of each vitamin within the body, as well as recommended daily doses and symptoms of deficiency. The advantages of natural versus synthetic supplements will be discussed. Exposure to free radicals can advance the aging process and be detrimental to your health. Find out how antioxidants can lead you through a longer, healthier life!

Amino acids are the currency of the body. Through a series of reactions, they assume responsibility for supplying the energy we need for proper functioning. A complete knowledge of these processes will enable you to isolate the mechanism behind any energy deficiency!

Minerals act as catalysts for biological reactions including muscle movements, hormone production, and the transmission of messages through the nervous system. Here you will study the role each mineral plays within the body, as well as the symptoms of mineral deficiency.

Course Descriptions

Vocational Certificate Programs

Course Title: **Holistic Health Practitioner (H.H.P.) NeuroPhysical Reprogramming Specialist**

Approved Vocational Training
Residential and Online
Total hours: 88
Completion Time: 6 months
Prerequisites required on Page 3.

Part I: Online: 56 hours
Part II: Residential: 32 hours, presented in one consecutive
4-day period

Upon completion, the student will be able to work as a
“Holistic Health Practitioner” and a NeuroPhysical Reprogram-
ming Specialist.

Prerequisites

The prerequisite for acceptance into the Holistic Health Practitioner Training requires reading “Transform Your Emotional DNA” and accomplishment of prerequisites on page 3.

Description

This comprehensive training has an online nutritional class and a four-day residential experiential workshop orchestrated to assist in the evolution of your skills both as a healer and in your personal transformational process. The online nutritional education class must be completed prior to the residential class. A test will be given by email before the start of the residential class.

Both the Holistic Health Practitioner Training and the Advanced (Diplomat) Holistic Health Practitioner Training contain 20 years of research in the fields of energy medicine, homeopathy, transformational spiritual psychology, nutrition and kinesiology.

Research by Dr. Dale: NeuroPhysical Reprogramming (February 10, 1996)

The NeuroPhysical Reprogramming protocol was tested at an independent neurologist’s office on 5 patients using a 22 electrode EEG along with full spectrum biofeedback reading, four more EEG sites on the occipital lobe of the head and EMG (muscle response) skin temperature and conductance. The patients were fully clothed and comfortable. After they were connected to the electrodes, I introduced verbal buttons by stating out loud various topics to the patient, such as health, disease, wellness, sex, cancer, death, life, birth, children, divorce, marriage, money, career,

success, failure – to name a few. We then noted the brain and nervous system response on the EEG, EMG, etc.

The next step was to repeat the procedure using the NeuroPhysical Reprogramming protocol and Neuro-Emotional Remedies while the patient was still connected to the same equipment. Although the identical topics were used, the delivery was different. The patient said the topics aloud, instead of my saying them. The reason for this is that kinesiological testing which is a very small but important part of the NPR protocol has a very poor accuracy rate if the patient does not make the statements. If the doctor states it for the patient, the doctor is essentially testing themselves and not the patient.

After each process was completed, the patient was again given the same questions that they responded to before the NPR session. The testing indicated that they no longer had the energy pattern that 30 minutes prior was visibly apparent.

As a part of the NPR protocol, I tested a reflex point (Meta Point – Governing Vessel #16), which is located in the center of occipital lobe. After discovering the Meta Point in 1993, I learned that it leads to the part of the primal brain storing foundational belief systems and identities. These identities act as an anchor making a disease difficult to cure or heal.

The printout of the EEG and the other testing could be visibly seen to have identical responses so that each test confirmed the next. It indicated exactly when the homeopathic remedies were introduced to the patient during the NeuroPhysical Reprogramming protocol. You could see a heightened response and then a release.

A printout of the “entire testing” clearly indicated the neurological changes that occurred from administering the remedies on one patient and not another. Whether the issue is related to disease or sexual abuse... the process works the same. All testing indicated that the NPR testing and the responses from the EEG, EMG, etc. were identical and that Neuro-Emotional Remedies visibly released energy patterns.

In another research project, Kirlian photography was used to measure the energy field of an AID’S patient before and after a NeuroPhysical Reprogramming session. In this case, pictures are better than words; therefore, you can see the kirlian photographs in my book “Transform Your Emotional DNA.”

Course Descriptions

Vocational Certificate Programs

- Neuro-Emotional Remedies are high potency homeopathic remedies with drainage properties that eliminate emotional issues anchored by identities.
- The results of the testing indicated that NeuroPhysical Reprogramming and Neuro-Emotional Remedies released core issues stemming from identities that can be a main cause of mental and physical illness.
- NeuroPhysical Reprogramming and Neuro-Emotional Remedies are used with incredible success on thousands of patients. Testimonials are available.

Part I: Online Class

The information presented in the online prelude to these courses offers you a chance to build a strong foundation of knowledge in order to make you a more effective health care provider. A thorough understanding of the body's functional mechanisms will lead to a greater comprehension of the material presented to you. An estimated 56 hours should be spent with this session. A test will be administered before attending the Holistic Health Practitioner Training.

Detoxification Pathways and Pathogens: includes Lymph detoxification.

- The Liver Detox Pathways
- Lymph System Detoxification
- Fungi and Human Pathogens
- Skin Brushing
- Human Immune System
- Sexual Health
- Detox Protocol & More

Five Element Theory: Each element correlates with an emotion, an organ, and a season to establish a balance of our surroundings and a harmony within us. Explore the intricacies of Chinese Five Element Theory - from its inception 5000 years ago to its role in modern-day acupuncture techniques.

Vitamins and Antioxidants: Learn the function of each vitamin within the body, as well as recommended daily doses and symptoms of deficiency. The advantages of natural versus synthetic supplements will be discussed, supported by cutting-edge research from the field. Exposure to free radicals can advance the aging process and be detrimental to your health. Find out how antioxidants can lead you through a longer, healthier life!

Amino acids are the currency of the body. Through a series of reactions, they assume responsibility for supplying the energy we need for proper functioning. A complete knowledge of these

processes will enable you to isolate the mechanism behind any energy deficiency!

Nutraceuticals

Through a number of modern studies, you will explore the biological aging process of the body in detail, as well as ways to prevent it.

Professional Nutritional Assessment Test

You will learn to utilize this tool to effectively determine the nutritional needs of your clients.

Part II: Residential Class

NeuroPhysical Reprogramming:

What every doctor should know and every patient wants!

Learn a reproducible hands-on protocol that bypasses the conscious mind leading you to the core of the illness, on any level. NPR accurately pinpoints the causal energy pattern of any life condition, determines its location in your body then allows you to permanently release it. Dr. Dale's research indicates that there is a holographic blueprint of all of your experiences, identities and beliefs stored in each cell. By contacting cellular intelligence, you will locate and eliminate the precise core identity and belief - transforming the cellular blueprint and reestablishing healthy cellular communication.

Learn an advanced form of kinesiology (muscle testing) to determine the biogenesis of the condition and a protocol to locate and release resisted emotions, belief systems and identities that are stored in the body creating abnormal meridian flow and disease.

Comprehensive NeuroPhysical Reprogramming Protocol NPR...

- is the only healing protocol that utilizes Dr. Dale's exclusive homeopathic filters to accurately test yourself and others.
- allows you to explore DNA consciousness; locating and eliminating sabotaging energy patterns that create illness and depression, as well as, assisting in the re-engineering of the psyche and the rejuvenation of the physical body. NPR profoundly embraces spiritual psychology and mind/body healing, encompasses non-invasive methods that assist healing the core of any illness, on all levels of consciousness.

Course Descriptions

Vocational Certificate Programs

The NPR's five-element protocol includes accurate testing, and therapy localization; incorporating various techniques to assess health issues occurring in the body's chemical, structural and electro-magnetic systems. You will learn to test reflex points, along with dental health issues, the immune system, identify scar tissue blockage, genetic predispositions, immune dysfunction and supplements.

The following topics will be discussed...

- Transforming the DNA
- Stress and Aging
- The 9 Causes of Neuro-Endocrine Breakdown!
- Inherited and Acquired Toxins
- How to Identify, Assess and Transform Stress!
- Redesign the Biological Computer
- Rejuvenating the Endocrine Computer
- Balancing all hormones, and neurotransmitters without the use of medications or hormones.
- Homeopathy: The Basics
 - o Reflex Point Testing
 - o Therapy Localization

Regaining Attention and Focus: Have you ever had the experience of day dreaming or withdrawing? Do you have clients who suffer with Attention Deficit Disorder? Get ready for the most fascinating, revolutionary tool to propel you into a new understanding and experience of complete and permanent release of creative blocks, struggles and suffering. In addition, you will learn how to shift any existing reality instantaneously.

Detoxify Obsessive Behavior Patterns: Dr. Dale developed this procedure in 1988 and has used it successfully since then to free the cellular memory of all types of drugs and addictive patterns. Since the drug itself was used to experience another reality such as relief from pain, the resistance to the original condition is still stuck somewhere in the body. Now, through this procedure you can easily detoxify life long addiction or obsession related to illness, relationships, drugs, substances, food, etc.

Goals: The method used is unique and effective in assisting goal manifestation. Help clients to focus 100% attention by uncovering neuro-physical patterns that sabotage optimum health and wellness.

Neuro-Emotional Remedies: Theresa Dale has researched and developed high potency homeopathic remedies based on the acupuncture meridian system and the Five Element Theory of Chinese Medicine. In the Holistic Health Practitioner Training

each new student will receive one complimentary set (13) of Neuro-Emotional Remedies® along with training.

The Bliss Exercise: A new method of stilling the mind and working on patients in a neutral zone, while deepening the connection to your innate cellular intelligence giving you the ability to choose your feelings instead of being controlled by them.

Alignment and Creation: An incredible process to determine the degree to which you are aligned with your goals. Have you ever wondered why some of your goals manifest and others don't? Be aware that if you are not 100% aligned with your goals, subconsciously and consciously, they may not manifest. Now you can learn to locate and eliminate the hidden saboteurs lurking in your subconscious mind.

Attendance, Drop-Out and Leave Of Absence Policies

Attendance is mandatory for this residential training. A student who wishes to drop-out of the course will need to arrange a conference with the Director and provide written notification explaining the reason for their decision. A leave of absence is not permitted.

The Holistic Health practitioner training is incorporated in the Naturopathic Practitioner Training but may be taken separately.

Instructor: Theresa Dale, PhD, CCN, NP

Course Descriptions

Vocational Certificate Programs

Course Title: **Naturopathic Practitioner Training (N.P.T.)** *Traditional Naturopathy*

Total Hours: 2028

Approved Vocational Training
Residential and Online as noted

Completion Time: 30 months

Prerequisites required. See page 3.

After completion, the graduate will receive a Diploma/Certificate of Completion as a “Naturopathic Practitioner”. It authorizes the graduate to assist in the education, healing, empowerment and self-development of others and includes:

- Locating any resisted emotions and stuck belief systems causing health issues, including depression and self-sabotaging behavioral patterns, through NeuroPhysical Reprogramming protocol.
- Discovering energy imbalances in organs and glands due to improper nutritional support, stress and toxicity.
- Assisting clients with nutritional, herbal and homeopathic education and consulting.
- Employing “traditional naturopathic” non-toxic detoxification methods.
- Assessing nutritional status through “traditional naturopathic” methods.
- Teaching clients self-healing technologies and protocols that may be applied to all life conditions.

Description

The Naturopathic Practitioner Training will provide a student with advanced methods of self-development and natural non-invasive healing tools assisting in the understanding of how the body functions. There is a branch of science (Psycho-Neuro-Immunology), which has already proven that our mind and emotions create stress thus creating disease.

This training will assist a student in recognizing the warning signs of this stress and any deep seated causative events and life-sabotaging belief systems which may cause violence and life-threatening disease. It will also enable a student to understand the human body, mind and emotions as an inter-related system that works together to create wellness or disease.

After completion, the graduate will receive a Diploma/Certificate of Completion. They may then start or continue their vocation as a “Naturopathic Practitioner.” It authorizes the graduate to assist in the education, healing, empowerment, and self-development of others according to California SB 577.

Module 1: Introduction to Traditional Naturopathy

(A Common Law Profession)

Online Class: 49.5 hours

Traditional Naturopathy, along with cutting-edge research, is presented giving you an understanding of the dynamics of the disease process, and the core of illness or life condition. The presentation will include:

- The Anatomy of An Illness Related to the Five Element Theory of Chinese Medicine
- The Emotional Relationship to Illness
- The 6 Major Causes of Illness

Module 2: Anatomy & Physiology

Online Class: 70 hours

Module 3: Biochemistry and Endocrinology

Online Class: 94 hours

Module 4: Naturopathic Toxicology

Online Class: 84 hours

Student learns about various forms of toxins (genetic, environmental, including xenoestrogens).

Module 5: Detoxification

Online Class: 70 hours

Learn a variety of protocols revealing step by step instructions on the detoxification of heavy metals, chemical, parasites, pesticides, viruses and bacteria.

Detoxification Pathways & Pathogens

- The Liver Detox Pathways
- Lymph System Detoxification
- Fungi and Human Pathogens
- Skin Brushing
- Human Immune System
- Sexual Health
- Detox Protocol & more
- Pathogen Protocol

Course Descriptions

Vocational Certificate Programs

Module 6: Macrobiotic Dietary Evaluations – Living Raw Foods

Online Class: 28.5 hours

Module 7: Therapeutic Nutrition

Online Class: 1273 hours

Includes using blood chemistry reports to assess nutritional needs. The primary role of Vitamins and Minerals; how they act as the co-enzyme fraction of the apo-enzyme protein complex and their role in DNA and gene expression. Appropriate and accurate assessment to augment diet with supplements for chronic conditions are essential in this training. Moreover, you will learn updated protocols to address pressing issues affecting both adults' and children's health. An example of some of the topics follow.

- Environmental factors that are relatively new to this century are making it difficult for our bodies to naturally adapt to. As a result, we need to detoxify the body and augment our diet with supplements as a strategy to compensate and protect ourselves.
- Xenobiotic compounds, such as petro-chemicals that appeared during the industrial revolution. They will pass through the Brain Blood Barrier because the BBB is designed to only protect the brain from water-soluble toxins. Fat-soluble toxins are a recent occurrence in our environment. Our bodies haven't had enough generations to adapt to this new threat naturally.
- Antibiotics and hormones in our food chain is another example of substances that severely affects our immune system and gut flora.
- Lack of being breast-fed at infancy cause us to miss out on important immunoglobins resulting in allergies and immune deficits.
- Processed foods have many caveats; you will learn what they are and how to help clients make necessary changes to improve their health.
- Genetically engineered foods cause numerous health concerns.

Module 8: Herbology

Online Class: 100 hours

Drug-Herb Interactions

Chemical Constituents

Module 9: Homeopathy and Homeopathic Counselling

Online Class: 100 hours

Residential Class: 42 hours, taught over two, three-day weekends.

This session will give you invaluable information on classical homeopathy, as well as combination remedies. Nosodes, isodes, sarcodes and drainage remedies will also be discussed. Learn to test various potencies of homeopathic remedies before recommending them.

Instructor: Dr. Geoffrey Pfeiffer, PhD, ND or
Theresa Dale, PhD, CCN, NP

Module 10: Aromatherapy – Magnet Therapy

Aromatherapy Online Class: 14 hours

Magnetic Therapy Online Class: 14.5 hours

The latest research about Magnetism, the Earth's Geomagnetic Fields, and the effect they have on the body. Learn about electron transfer, and the body's electromagnetic fields. The history and therapeutic uses of essential oils will also be discussed, as well as kinesiological testing using these oils. In addition, you will explore the frequencies of musical notes applied to the human body to stimulate intuition, relaxation and healing. Learn to test the precise frequencies for specific balancing.

Module 11: Holistic Health Practitioner Training (NeuroPhysical Reprogramming Specialist)

Approved Vocational Certificate

Online Class: 56 hours

Residential Class: 32 hours (Presented over 4 consecutive days)

You will be given a separate certificate for this training as a Holistic Health Practitioner after graduation of the entire Naturopathic Practitioner Training.

Instructor: Theresa Dale, PhD, CCN, NP

Module 12: A. Causal Chain BioKinesiology

Online Class: 22.5 hours

Residential Class: 6 hours, taught as a part of the Holistic Health Practitioner Training.

Causal Chain Biokinesiology Assessment and NeuroPhysical Reprogramming are combined. Learn how to use homeopathic filters to test for the causal chain related to symptoms, inherited and acquired toxins, nutritional supplements, and food toxicity.

Instructor: Theresa Dale, PhD, CCN, NP

Course Descriptions

Vocational Certificate Programs

Module 13: B. Lab

Residential Class: 14 hours, taught over a two-day weekend.

- Oral and written testing on the entire training.
- You will be required to take a case history and perform the testing protocols and information presented both on-line and residential with other students.

Instructor: Theresa Dale, PhD, CCN, NP

Course Title: **Integrative Reflexology (I.R.)**

Online and Residential

Total Hours: 240

Completion Time: 12 Months

Entry Level

Description

This course is designed to provide a student with all the hands on skills and educational knowledge that is necessary to become a professional Reflexologist. After completion the student will receive a Diploma. This training does not include the right to diagnose or treat any medical condition. In California you must abide by the rules of SB 577

Outline:

Anatomy and Physiology (70 hours) on line

Systems covered:

- Cardiovascular / Digestive
- Skeletal\Endocrine
- Immune
- Integumentary
- Muscular
- Nervous
- Lymphatic
- Male Reproductive
- Female Reproductive
- Urinary
- System Overview

Practicum (48 hours) Residential

History (local and international)

Theory

Definitions

Contraindications

Techniques

- Supporting techniques
- Pressure techniques
- Relaxation techniques
- Classic finger/thumb walking
- Hand Reflexology

Discussion of different reflexology styles along with hands on work.

- Father Joseph technique
- Ayurvedic Reflexology
- Ingham Method
- Metamorphosis

continued

Course Descriptions

Vocational Certificate Programs

- Auricular therapy (Chinese ear charts)
- Nogier charts (ear stimulation)
- Meridian therapy

10 hours. Practicum- supervised classroom clinical work.

5 hours. Business practice, ethics, standards, local/state laws and ordinances, pertaining to the practice of reflexology.

7 hours. Summarization of program. Certification exam. 300 question test paper and 30 minutes practical treatment to be given on instructor.

100 Hours off campus

60 Hours of documented reflexology treatments, 15 individuals, receiving 3 sessions each and 15 different individuals receiving one.

40 Hours of home study, with reading of required

Books:

- Better health with Foot Reflexology. Dwight Byers
- Reflexology: A basic Guide. Beryl Crane
- Stories the Feet can tell, Stories the Feet have told. Eunice Ingham
- Moving the Energy. Reflexology and Meridian Therapy Lilian Tibshraeny-Morten.

Instructor: Jan Head, PhD

Course Title: **Biological Dental Consultant (B.D.C.)**

Total Hours 900 hours

Approved Vocational Training

Online and Residential via web seminars

Completion Time: 12 months

Prerequisites: Health Provider, licensed or certified Dental Assistant or Dental Hygienists for three years.

After completion, the graduate will receive a Diploma/Certificate of Completion as a Biological Dental Consultant, which authorizes the graduate to assist in the education, healing and empowerment of others.

Description:

This training offers comprehensive education to all health providers about how nutrition, and comprehensive methodology effect the teeth, jaw, related structures in relationship to the disease process.

This training will educate practitioners to uncover possible dental issues including dental toxins that can be affecting ones physical health and recommending appropriate visits with a Biological Dentist of their choice.

Biological Dentistry has been practiced for the past 25 years in Germany and stresses the use of nontoxic restoration materials for dental work and focuses on the impact that dental toxins and hidden dental infections have on overall health. It has been estimated by European researchers that as much as half of all chronic degenerative illness can be traced to dental problems and modern dentistry's reliance on traditional techniques to treat them. Unlike the traditional approach, biological dentistry treats the teeth, jaw and related structures with the assumption that treatment affects the entire body.

Through the past decades and to this very day, different techniques and practices are chosen by "biological dentistry" practitioners to determine which dental materials would seem most compatible for their patients. The fact exists that there is no single dental material or anesthetic which is ideally suited for every individual patient.

Instructor: Theresa Dale, PhD, CCN, NP

Course Descriptions

Vocational Certificate Programs

Course Title: **Medical Qi Gong Practitioner Training**

Total Hours: 100
Residential
Entry level

Description of out come

After completion, the graduate will receive a Diploma/Certificate of completion as a “Medical Qi Gong Practitioner.” ...

- Developing the ability to feel and see qi imbalances in the client: and to emit qi for healing
- Assessing the energetic imbalances in clients
- Assisting clients to determine energetic imbalances in the organs, glands, tissues, acupuncture meridians, Charkas, and auric field and to help them come into balance through medical Qi Gong
- Assisting clients with prescriptions of Qi Gong self-healing exercises and meditations to restore balance to their health and well-being.

Description of the course

The Medical Qi Gong Practitioner Training will provide the student with beginning to advanced methods of energy self-development and energy healing. The course is based on ancient Chinese methodology and principles and includes modern developments.

Medical Qi Gong, along with some of the latest developments of energy medicine will be presented in understanding and experiencing how the disease process can be transformed into vitality and health.

The student will learn to see and feel qi imbalances in clients and learn how energy functions in the body, mind, and spirit. A number of strategies will be presented to assist the clients as well as students in healing, self-development, well-being, and empowerment.

The course material will include Qi Gong movements, meditations, the use of breath, color, intension, hands off the body and on the body healing techniques, the power of the four directions, the earth and the heavens, the power of circular walking and the importance of developing the practitioners qi.

There will be two three day weekends Friday through Sunday.
Total Hours: 100

Module 1

Day one: Introduction to Medical Qi Gong

Class hours 10

Medical Qi Gong, along with some of the latest developments of energy medicine will be presented in understanding and experiencing how the disease process can be transformed into vitality and health.

- Defining qi
- Experiencing qi and the power of qi
- Learning to emit qi for healing
- Feeling the aura-healing the aura
- The charkas: how to feel them and heal them
- The Five elements of Chinese medicine-feeling them; balancing them
- The Twelve Meridians-Tracing them for healing and energy healing
- Medical Qi Gong for specific issues
- Evening Meditation: making room for more qi for healing through bone marrow washing

Day Two: How to build and circulate qi for healing

Class hours 10

- Preparing the body for qi circulation and qi building
- Standing meditations: grounding, circulating, and building
- Drawing qi from the earth, the heavens, sun, moon, sea, trees
- The four directions for healing
- Stretching the meridians- increasing the movement of qi
- Using the breath to circulate and strengthen qi
- Movement patterns and postures for healing specific health issues
- Movement patterns for the five elements
- Using the 14 meridians
- Personalizing your own Qi Gong routine: healer heal thy self

Course Descriptions

Vocational Certificate Programs

Day Three: Activating qi healing in the client: going deeper

Class hours: 8

- Decoding the chakras and organs
- Medical Qi Gong for specific issues
- Hands on methods-chakras, acupressure points, cranial sacral
- Off the body methods expanded: the invisible needle technique and more
- Distant healing: beginning methods
- Teaching Qi Gong movements for healing specific health issues
- Using color, sound, and intention

Clinical hours: 20 (unsupervised) with verification plus one hour conference call

Module 2 Intermediate Medical Qi Gong

Day One: Ballancing the Qi

Class hours: 10

- Utilizing the alarm points to balance the meridians
- Utilizing the five elements to balance the meridians
- Muscle testing to see if the person is ready for healing: is the body weak? Is the regulation of the Sympathetic and parasympathetic nervous system blocked? Are they switched? And how to remedy these problems.
- Medical Qi Gong for specific issues
- Collapsing negative belief patterns
- Creating your own reality with Qi Gong; the power of circular walking

Day Two: Methods of Building, Circulating and Balancing Qi

Class Hours: 10

- Bone marrow washing with colors to cleanse the bones to absorb more qi
- Standing, squatting, sitting qi postures
- Qi Gong for specific issues including cancer, diabetes, and stroke
- Acupressure for opening the intuitive ability and treating conditions
- Distant healing: several methods
- Evening meditation

Day Three: Deepening the Healing

Class hours: 8

- Medical Qi Gong for healing the emotions: depression, anger, anxiety, grief
- Qi Gong for DNA healing
- Clinical practice

Clinical hours: 20 (unsupervised) with verification plus one hour conference call

Instructor: Phil Caylor LcAc

Course Descriptions

Vocational Certificate Programs

Course Title: Holistic Manual Medicine (H.M.M.)

Course Title: Holistic Manual Medicine

Format: On-line and Residential

Total Hours: 142

Completion Time: 6 months

Entry Level

Description

This course is designed to teach participants how to treat their clients with the most healing tools known to medicine – our hands. Learn specialty manual medicine techniques to encourage healing and facilitate function through movement. Techniques will include: Myofascial release, neuromuscular therapy, Positional Release, Acupressure, Rolfing, Cranio-sacral and Cranio-osteopathy and several other specialty techniques. In addition participants will learn key Western orthopedic and neurological testing as well as the Eastern art of body reading and differential diagnosis skills to ensure proper assessment of your patient's health conditions.

After completion the student will receive a Diploma. This training does not include the right to diagnose or treat any medical condition. In California you must abide by the rules of SB 577.

Outline:

Anatomy and Physiology (30 hours) on line

Systems covered:

- Skeletal
- Integumentary
- Muscular
- Nervous
- Lymphatic

Practicum (32 hours) Residential

- History
- Theory
- Definitions
- Contraindications
- Techniques
 - o Myofascial Release
 - o Positional Release

- o Strain-Counterstrain
- o Reiki (Level I)
- o Acupressure
- o Unwinding
- o Craniosacral/Osteopathy
- o Extremity & Spinal Mobilization
- Discussion of different manual medicine styles along with hands on work.
- Discussion of different Western orthopedic and neurological screening tests with hands on work.
- Discussion of different methods for Eastern Body Reading for differential diagnosis.
- Discussion of different methods for Manual Muscle Testing & Clinical Kinesiology Testing

Practicum- supervised classroom clinical work. Summary Test with 110 questions, essay and multiple choice.

80 Hours off campus

40 Hours of documented manual treatments.
15 individuals, receiving 3 sessions each and 15 different individuals receiving one.

40 Hours of home study, with reading of required

Books:

Instructor: Eric DeYoung, OTC, ND

Course Descriptions

Vocational Certificate Programs

Course Title: **SCENAR Life Training**

Prerequisites

Online

Total Hours: 140 online

The SCENAR Life Training is a biofeedback training using SCENAR technology. There are three levels.

Level 1 is designed to learn self-help techniques.

Level 2 and 3 is designed to help others.

For all students who are not presently health providers The "Prerequisite Training" in this catalog will need to be completed before the Level 2 and 3 trainings. The tuition for the "Prerequisite Training" is separate and not included in the tuition for the SCENAR trainings.

Level 1 SCENAR Training Overview

Introduction to SCENAR Training

Two day week-end training

Residential

Hours: 15 hours

SCENAR therapy is a way of treatment that considerably improves the body's healing abilities in a natural way. A large number of health problems may be solved partly or completely with the help of SCENAR therapy.

RitmScenar Professional devices are used worldwide and an increasing number of medical specialists are using Scenar therapy in their daily practices. Scenar therapy is not connected to specific diseases or complaints. It focuses and directs resources with a specific purpose and goal.

Level 1 - Day 1

- Registration
- Welcome and Course Outline
- Introduction to Device/Characteristics of SCENAR Therapy
- Body basics for Neuro Stimulation Therapy
- Break
- Your First Scenar Experience –Nobody 0 and Painting Sticky Spots Working in pairs using Nobody 0 Mode
- Theory –Concept of the Active Site
- Lunch

- Introduction to Nobody 0 Mode Settings
- Live Practice –Working in Pairs using various Nobody 0 Settings
- Questions/Discussions
- Theory –Expressed Pain –Rules
- Introduction to Diagn Mode –Initial Reaction (IR), Ongoing Reaction (OR), Dose * and Zero @
- Break
- Live Practice –Working in Pairs –Neutralizing Scar Tissue and Point of Pain Rule
- Sterno Cleido Mastoid (SCM) Muscle Group and "Little Wings" demonstration
- Live Practice–
- Questions/Discussion
- Adjourn

SCENAR LIFE TRAINING

Day 2

- Questions/Discussion on previous day's work
- Theory: Reflex Relationships/Organ Projections/Clinical Protocols
- Demonstration of "Pain Tapping" Technique
- Live Practice – "Pain Tapping" technique
- Explanation & Demonstration of Pain Ring Technique
- Live Practice –Pain Ring Technique
- Break
- Demonstration –Using Diagn 2 and/ or 3 /seeking out causal areas
- Live Practice –Using Diagn 2 and/or 3 / seeking out causal areas
- Lunch
- Demonstration of "Hidden Pain" Technique and Rules
- Group Practice of "Hidden Pain" Technique
- Break
- Hidden Pain Pattern analysis
- Horizontals
- Approaches in Treatment Planning, Discussion and Clinical Cases
- Questions/discussion/Certification
- End of Training

Note: Though we try as much as possible to keep to our Course Outline –there may be some course deviation expected depending on group size –but all subjects should nevertheless be covered.

Instructor Dr. John A. Haché DNM

Course Descriptions

Vocational Certificate Programs

Course Title: **SCENAR Life Training**

Level 2 SCENAR Training Overview Advanced SCENAR Training

Two-day week-end training

Residential

Hours: 15 hours

Overview of Level 2 Training

- Diag 1 Applications
- Diag 2 Applications
- Diag 3 Applications
- Zones of General Action
- Specific Zones
- Collar Zones
- Gynecological Zones
- Abdominal Zones
- Working w/Trigger Points
- Little Wings & Bowling Ball/Emotional Release Techniques

Techniques

- Hip + Atlas Adjustment
- Trigeminal Nervous System
- Tooth Organ Relationships

Protocols

- 3 Pathways – 6 Points – Advanced Technique
- Stabilization Technique
- Introduction to Traditional Chinese Medicine
- 5-Element Theory/Correlations
- Meridians – Alarm Points & Constitutions

Instructor Dr. John A. Haché DNM

Course Title: **SCENAR Life Training**

Level 3 SCENAR Training Overview Pain Management in Non-Specific Pathologies and Sports Injuries

Two-day week-end training

Residential

Hours: 15 hours

Overview of Level 3 Training

- Revision of Injury Types and Assessments
- Pain Tapping Technique

Non-Specific Pathologies

- Pulmonology
- Immune Support
- Cardiology
- Neurology
- Polyarthrititis and Rheumatism
- Cardiovascular
- Lymphatics
- Stroke
- Spinal Traumas
- Migraine
- Gastroenterology
- Gall Bladder Disease
- Gynecology
- Andrology
- Urogenital

Instructor Dr. John A. Haché DNM

Course Descriptions

Course Title: Advanced Holistic Health Practitioner (A.H.H.P.)***Diplomat, NeuroPhysical Reprogramming***

Residential

Total Classroom Hours: 32

This training is offered over a consecutive 4-day period.

See prerequisites on Page 3.

Description

This training is for Continuing Education and will sharpen the tools learned in the Holistic Health Practitioner Training. You will learn advanced protocols, new skills using more specific homeopathic filters to uncover the specific location of bio-genetic behavioral patterns in different areas of the body and brain which may have an influence on a individual's state of physical and emotional health, now and in the future.

The balancing of neuro-transmitters using totally natural and non-invasive methodology will be discussed. Using the frequencies of color and sound therapies in the realm of stress management you will learn how to handle and eliminate charged issues that take control of your life.

Completion of this course will earn you a Diploma/Certificate of Completion as an "Advanced Holistic Health Practitioner / Diplomat, NeuroPhysical Reprogramming."

Curriculum

This training is residential for the Continuing Education of Holistic Health Practitioners. After graduation from the A.H.H.P. training you will receive a diploma/Certificate of Completion as an "Advanced Holistic Health Practitioner / Diplomat NeuroPhysical Reprogramming."

"Neurotransmitters, Anti-Aging and Your Emotions"

"Meta Point Testing"

"Advanced Protocol"

"Biocompatibility Testing"

"Electromagnetic Fields and Illness"

"Frequency Healing"

"Access and reprogramming genetic makeup, which stimulates emotions, along with mental and physical disease"

Attendance, Drop-Out, and Leave Of Absence Policies

Attendance is mandatory for this residential training. A student who wishes to drop out of the course will need to arrange a conference with the Director and provide written notification explaining the reason for their decision. Leaves of Absence are not permitted.

Instructor: Theresa Dale, PhD, CCN, NP

Course Descriptions

Course Title: **NeuroEndocrine Regulation & Anti-Aging Certification**

Residential

Two-Day Seminar

16 hours

Pre-requisites: See page 3.

There is a test for competency after the completion of each seminar and before the Certificate is issued.

This two-day seminar offers Comprehensive Functional Research Based Nutritional Education using Blood Testing Optimal Reference Ranges. You will also be learning the Advanced 5 Element Saliva Test Panel for Hormone Assessment.

Learn proven protocols to address your most difficult cases incorporating the following tools:

- Homeopathic Hormone Rejuvenation
- Blood Testing Assessment Using Optimal Reference Ranges
- 5 Element Saliva Test Assessment using Optimal Reference Ranges
- Functional Nutritional and Herbal Detoxification and Healing
- NeuroPhysical Testing

Day 1: 8 hours.

- Reading the signs of physical and mental health related to nutritional deficiencies.
- Menopause & Andropause: learn to correct any hormone imbalance naturally.
- Awaken and detoxify the endocrine system after HRT or BHRT.
- Understanding Autoimmune Disease: Thyroid, Adrenal & Neuroendocrine Axis.
- Immune health, emotions, food intolerances, virus, bacteria and parasites.
- Neurological optimization through understanding and correcting methylation and hepatic glutathione pathway function.
- Regenerate and balance the hypothalamus, pituitary, adrenal axis (HPA).

Day 2: 8 hours.

The second day you will learn the following:

- Detoxification protocols for heavy metal toxicity, chemical poisoning and Parasites
- Proven protocol for Cardiovascular Disease
- Address specific pathology with combination homeopathic formulas, herbs and orthomolecular nutrition.
- Learn Therapy Localization: An advanced hands-on Neurophysical Testing protocol to validate the accuracy of ANY test result. You will learn to individually test clients/patients for precise dosage, treatment & therapy time (Includes Testing Filter Vials). Neurophysical Testing has proven to be reproducible.

Instructor: Theresa Dale, PhD, CCN, NP

Course Descriptions

Course Title: Homeopathic Endocrinology

250 hours-Online

Completion Time: 14 months

See prerequisites on Page 3.

Description

The curriculum below will be completed online.

Endocrinology

You will learn the interconnected function of the endocrine system and understand the Krebs cycle. Information and research about patient/client endocrine assessment using saliva testing, blood testing, as well as urine testing are presented.

Survey of Homeopathy

The history of homeopathy includes a complete discussion of homeopathic ingredients and potencies. Furthermore, all forms of homeopathic remedies and treatment are discussed including advanced and esoteric homeopathic medicine. Since the neuro-endocrine system is involved in the overall health of the human body, this training offers extensive and comprehensive research in treating this system along with associated illness. You will also learn to use homeopathy to strengthen the immune system, detoxify virus, bacteria and parasites and help shift mental and emotional behavior patterns.

History of Using Homeopathic Sarcodes

An overview, as well as, the efficacy of using homeopathically prepared sarcodes. The use of Homeopathic Sarcodes in hormone re-education and rejuvenation therapy. An overview of homeopathically prepared sarcodes from hormones.

History of Using Homeopathic Nosodes

You will learn about the efficacy of using and recommending homeopathic nosodes and how they work to neutralize genetic disease traits and miasms. In addition, you will also learn:

- an overview of homeopathic nosodes, what they are, when to use them and how they target a disease or pathology and neutralize it.

Combining Classical Remedies, Nosodes and Sarcodes

Discover the efficacy of using classical and complex homeopathy.

Homeopathic Nosodes Combined with Sarcodes

Assessing and healing a degenerative disease or infection and its relationship to hormonal imbalance.

Repressed Emotions Effect Hormonal Production

The Five Element Theory is a key to help identify the core energy pattern that anchors a disease and is a cause of blocked neurotransmitters, hormones, and thus meridians. The Neuro-Emotional Survey: What it is and how to use it with clients.

The Nine Causes of Endocrine Breakdown

Includes Treatment Protocol

Instructor: Theresa Dale, PhD, CCN, NP

Tuition

Practitioner Prerequisite

Online	
Clock Hours: 140 (7 months)	
Registration	\$100.00
Tuition	\$250.00
Total Tuition and Fees	\$350.00
Textbooks	NOT included

Master Herbalist

Online	
Clock Hours: 1000 (12 months)	
Registration	\$100.00
Tuition	\$2,500.00
Total Tuition and Fees	\$2,600.00
Equipment and Other Fees	None
Textbook	NOT included

Homeopathic Medical Practitioner

Online	
Clock Hours: 1200 (24 months)	
Registration	\$100.00
Tuition	\$3,640.00
Total Tuition and Fees	\$3,740.00
Textbooks	NOT included

Clinical Nutritionist Teleseminars

Online and Residential	
Clock Hours: 1273 (24 months)	
Registration	\$100.00
Tuition	\$3,510.00
Total Tuition and Fees	\$3,610.00
Textbooks	NOT included

Nutraceutical Consultant

Online	
Clock Hours: 48 (4 months)	
Registration	\$100.00
Tuition	\$700.00
Total Tuition and Fees	\$800.00
Textbooks	NOT included
Cost of Textbooks	\$295.00
Equipment and Other Fees	None

Holistic Health Practitioner

(NeuroPhysical Reprogramming)

Online and Residential classes	
Clock Hours: 88	
Registration	\$100.00
Tuition	\$2,000.00
Total Tuition and Fees	\$2,100.00
Textbook	included in tuition
Homeopathic Remedies	included in tuition
Equipment and Other Fees	None

Naturopathic Practitioner Training

Online and Residential	
Clock Hours: 2028 (30 months)	
Registration	\$100.00
Tuition	\$10,790.00
Total Tuition and Fees	\$10,890.00
Textbooks	NOT included in tuition
Cost of Textbooks (additional)	\$800.00 (approximate)

Integrative Reflexology

Online and Residential	
Total Hours: 240 (12 Months)	
Registration	\$100.00
Tuition:	\$2100.00
Total Tuition and Fees:	\$2200.00
Textbooks	Not included in tuition

Medical Qi Gong Practitioner (MCG)

Clock Hours: 100 (Two weekends)	
Residential	
Registration	\$100.00
Tuition:	\$700.00
Total Tuition and Fees:	\$800.00
Textbooks	Not included in tuition

Biological Dental Consultant

Clock Hours: 900 (12 months)	
Online and Residential via web seminars	
Registration	\$100.00
Tuition:	\$1,200.00
Total Tuition and Fees:	\$1,300.00
Textbooks	Not included in tuition

Tuition

Holistic Manual Medicine

Online and residential classes

Registration	\$100.00
Tuition	\$2,300.00
Total Tuition and Fees	\$2,400.00
Equipment and Other Fees	None
Textbook	NOT included

Scenar Life Training Level 1

Online and Residential classes

Registration	\$100.00
Tuition	\$550.00
Textbook.....	Included in tuition
Necessary Equipment: RITM Expert SCENAR	\$2,900.00
Total Tuition & Equipment	\$3550.00

Scenar Life Training Level 2

Residential Class

Must have successfully completed Level 1 training.

Registration	\$100.00
Tuition	\$950.00
Textbook.....	Included in tuition
Equipment:.....	none
Total	\$1050.00

Scenar Life Training Level 3

Must have successfully completed Level 2 training.

Residential Class

Must have successfully completed Level 1 training.

Registration:	\$100.00
Tuition	\$950.00
Textbook :	Included in tuition
Equipment:.....	none
Total	\$1050.00

Advanced Holistic Health Practitioner

Residential

Clock Hours: 32

Registration	\$100.00
Tuition	\$2,000.00
Total Tuition and Fees.....	\$2,100.00
Equipment and Other Fees	None
Textbook.....	Included in tuition
Homeopathic Remedies	Included in tuition

NeuroEndocrine Regulation & Anti-Aging Certification

Residential: 16 hours

Registration:	\$100.00
Tuition:	\$250.00
Total Tuition & Fees	\$350.00
Textbooks	Included
Equipment and Other Fees	None
Hotel room and transportation not included in tuition	

Homeopathic Endocrinology

Online

Clock Hours: 250

Registration	\$100.00
Tuition	\$1,600.00
Total Tuition & Fees	\$1,700.00
Textbooks	NOT included
Cost of Textbooks	\$500.00
Equipment and Other Fees	None

All payments will be made payable and mailed to:

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*Our mission is to empower both the health provider
and the client in their healing process
using evidence-based bioenergetic
and natural health care.*

*Our goal is to set the highest moral
and ethical standard possible, globally,
for the practice and preservation of
traditional naturopathy and natural medicine.*

Theresa Dale, PhD, CCN, NP



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